

The ISG offers assistance through **coaching** for different groups of people and different problems.

In our work we are geared to the definition by the ACC (Austrian Coaching Council): "*Coaching is an interactive, client-centred counselling and assistance process within the vocational context, which is temporally limited and topically defined (in a goal-oriented way). The individual counselling of single persons, groups or teams focuses on professionally-factual and/or psychologically-socio-dynamical questions and problems, respectively, which refer to the working environment. Coaching happens on a stable relation-basis that is determined by voluntariness, mutual respect and trust, and causes an equal level of cooperation.*"

Coaching at the ISG is especially offered for young people (aged between 14 and 28) in the domain of education, studies and work, as well as in the scientific domain for seminar papers, diploma theses and doctoral theses.

Contact us at coaching@isg.co.at This e-mail address is being protected from spambots. You need JavaScript enabled to view it and and make an and make an appointment for a non-binding initial talk with the coach and consultant [Dr. Sebastian Bohrn-Mena](#)